

# **SOCIAL DISTANCE PLANNING: LET'S MAKE THIS HAPPEN TOGETHER!**

HTC/PTC and HTC Race Series organizers top priority is preserving participant and volunteer safety. We proactively announce the following measures to ensure a fun and safe 2021 Mother of All Relays aligning with <https://govstatus.egov.com/OR-OHA-COVID-19> :

- **Non-vaccinated participants are required to carry face-coverings and utilize them within six-feet of other participants, while running or walking their assigned legs. Participants will be provided with a face covering by the race, if they do not have one.**
- **Start waves every 5 minutes over 13 hours.**
- **Contactless Team Check-In via [Hood To Coast App](#).**
- **Increased portable toilets, hand-washing stations and sanitizers at Start Line, each exchange, and Finish Area.**
- **Clear, inclusively designed signage, ensuring proper social-distancing at Start, Exchanges, Finish.**
- **All race official volunteers will be provided with a free new reflective vest to keep and face covering to wear at all times during shift.**
- **Place medal awards distributed contactless from the beach on Sunday, picking up anytime 9:00-11:00am.**

Relay events are innately socially distanced, as only one member of a relay team participates at any given time. Therefore, even the most popular relay race in the world, the 39th annual Hood To Coast & Portland To Coast Relays, which annually hosts over 18,000 participants, will have 1,450 participants dispersed throughout a 200-mile race course. That is one participant every 739 feet. We'll implement protocols at HTC Windy River Relay, prior to the Hood & Portland To Coast Relays. During the HTC Windy River Relay, no more than 125 participants will be on the race course at any given time. Dispersed over 75 miles, this means one participant every 3,168 feet. New rules will be enforced and HTC/PTC officials will penalize teams and individuals not adhering to guidelines which may include race suspensions if necessary.

We welcome other events to mirror our protocols for the safety and benefit of everyone. Movement is so important to ensuring mental and physical well-being. **Hood To Coast believes in the power of running and walking to uplift each of us, and in these times it's never been more important to help each other achieve balance in mind and body. We'll continue to do all we can to help the world achieve this goal. We will be right there with you in this journey and look forward to seeing you at the Mother of All Relays on Aug 27-28!**