

LEG 1

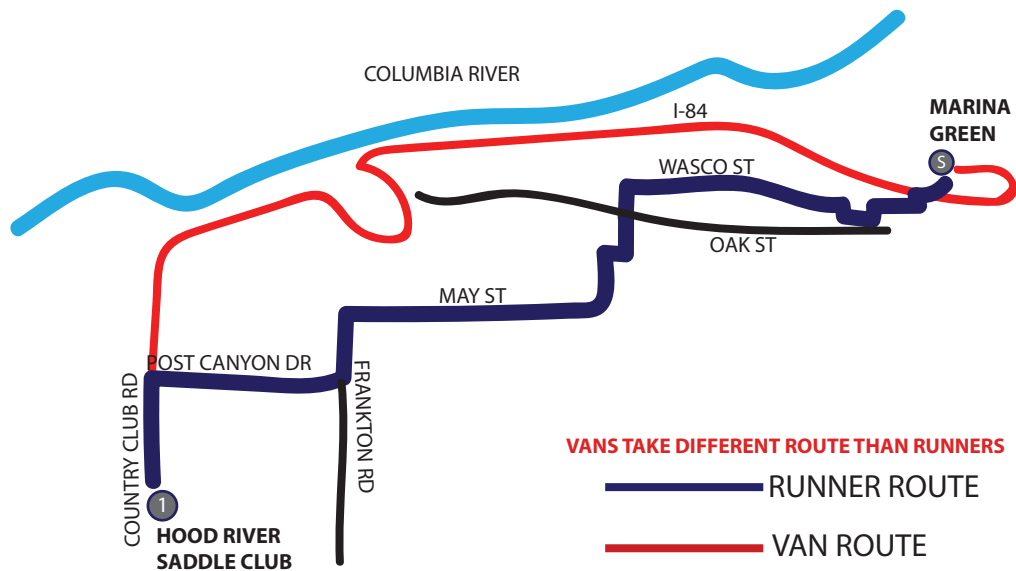
4.51 MILES | HARD



LEG DESCRIPTION: A steady climb throughout the entire leg with great views

EXCH 1 ADDRESS: Hood River Saddle Club, 4384 Belmont Dr, Hood River, OR 97031

GPS: 45.69356, -121.56949



DIRECTIONS FROM START TO EXCH 1

0.08 Take the pedestrian overpass

← 0.47 Turn LEFT onto 2nd St

→ 0.48 Turn RIGHT onto Cascade Ave

→ 0.57 Turn RIGHT onto 4th St

← 0.62 Turn LEFT onto Columbia St

→ 0.77 Turn RIGHT onto Wasco St

← 1.50 Turn LEFT onto N 20th St

→ 1.76 Turn RIGHT onto Sherman Ave

← 1.85 Turn LEFT onto 22nd St

→ 2.11 Turn RIGHT onto May St

← 3.09 Turn LEFT onto Frankton Rd

→ 3.34 Turn RIGHT onto Post Canyon Dr

← 4.09 Turn LEFT onto Country Club Rd

4.51 Arrive at Exchange 1

VAN DIRECTIONS FROM START TO EXCH 1

Start towards East Port Marina Drive

← Slight LEFT onto E Port Marina Drive

→ Turn RIGHT onto Button Bridge Rd

→ Turn RIGHT to merge onto 1-84W

Take exit 62 for Westcliff Dr

← Turn LEFT onto US-30E

→ Turn RIGHT onto Mt Adams Ave

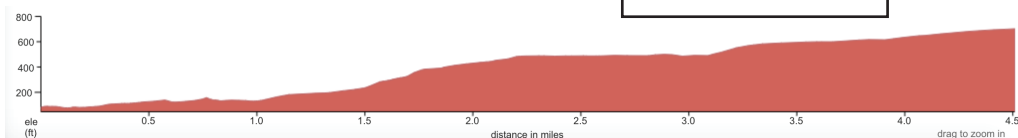
↑ Mt Adams Ave becomes Wine County Ave

↑ Continue onto Country Club Rd

← Turn LEFT onto Belmont Dr

Exchange 1 is on the LEFT

ELEVATION: 641FT/-26FT
NET: 615FT



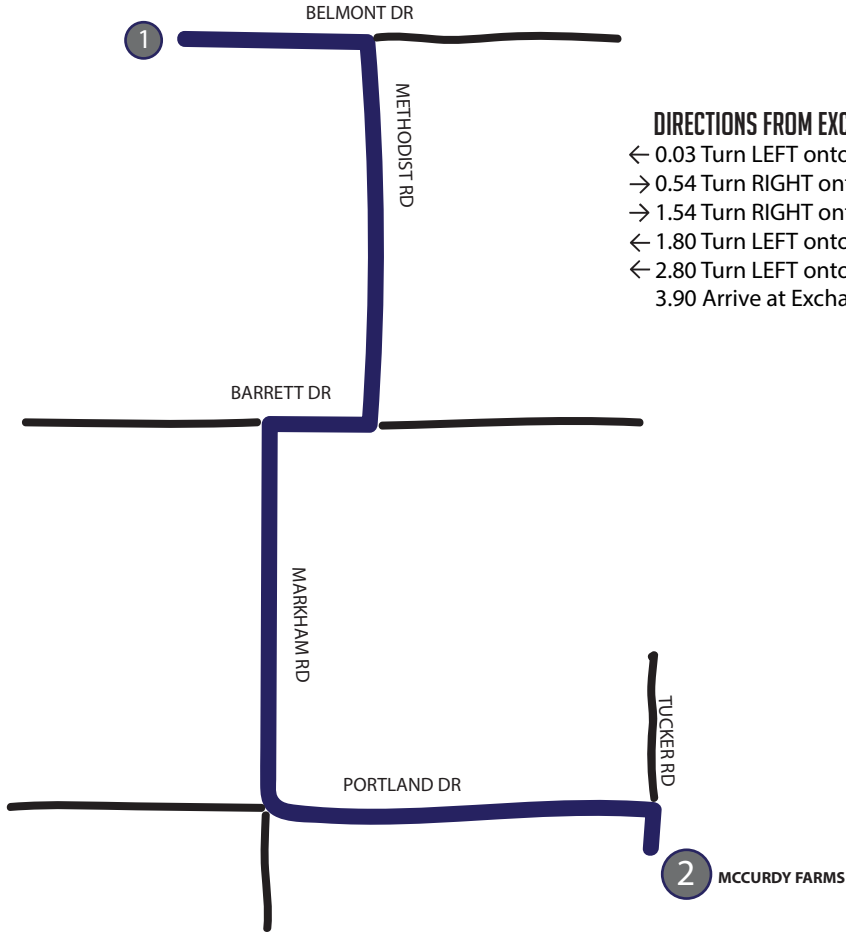
LEG 2

3.90 MILES EASY

LEG DESCRIPTION: This route heads into a steady hill with a nice down hill end

EXCH 2 ADDRESS: McCurdy Farms, 2080 Tucker Rd, Hood River, OR 97031

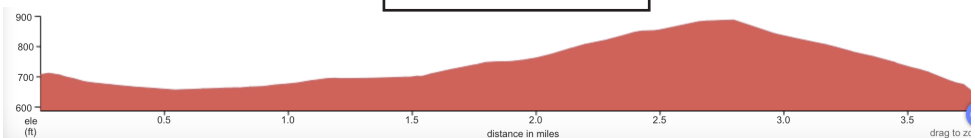
GPS: 45.662835, -121.544977



DIRECTIONS FROM EXCH 1 TO EXCH 2

- ← 0.03 Turn LEFT onto Belmont Dr
- 0.54 Turn RIGHT onto Methodist Rd
- 1.54 Turn RIGHT onto Barrett Dr
- ← 1.80 Turn LEFT onto Markham Rd
- ← 2.80 Turn LEFT onto Portland Rd
- 3.90 Arrive at Exchange 2

ELEVATION: 227FT/-328FT
NET: -101FT



LEG 3

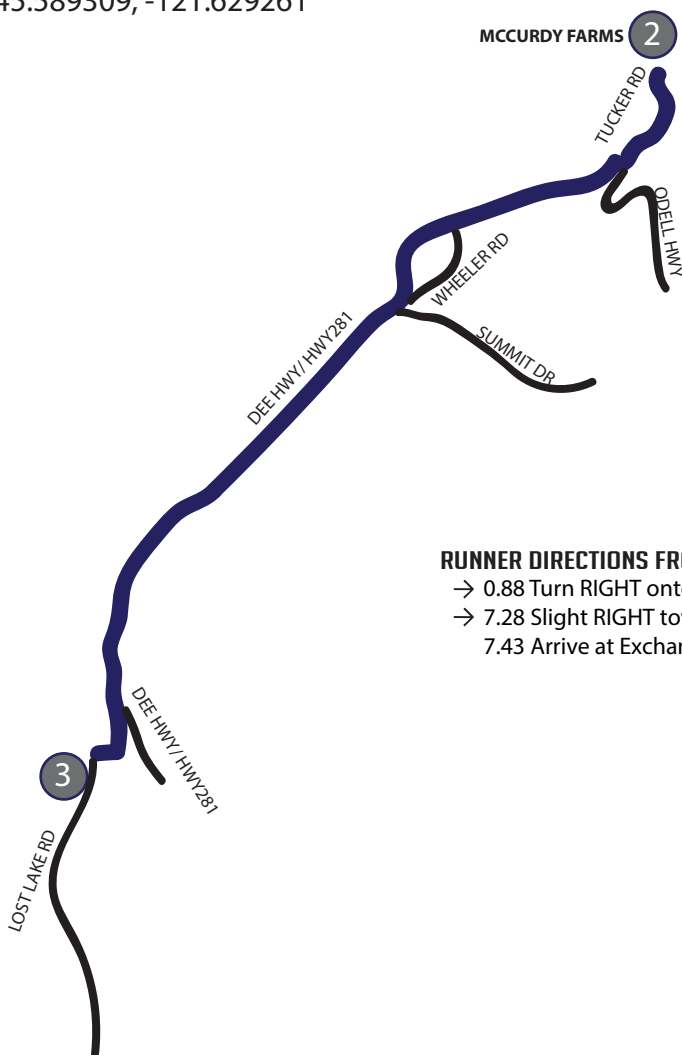
7.43 MILES | HARD



LEG DESCRIPTION: This route has a steady but not too steep uphill climb

EXCH 3 ADDRESS: N/A, use GPS coordinates

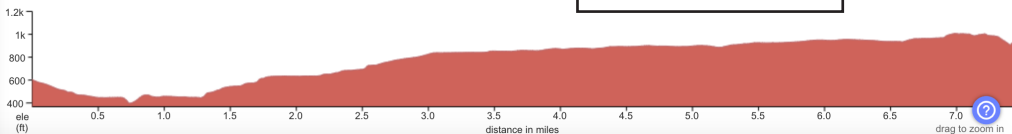
GPS: 45.589309, -121.629261



RUNNER DIRECTIONS FROM EXCH 2 TO EXCH 3

- 0.88 Turn **RIGHT** onto Dee Hwy/OR-281 S
- 7.28 Slight **RIGHT** towards Lost Lake Rd
- 7.43 Arrive at Exchange 3

ELEVATION: 651FT/-311FT
NET: 340FT



LEG 4

7.21 MILES | HARD

LEG DESCRIPTION: A long route with a steady climb throughout

EXCH 4 ADDRESS: Parkdale Elementary School, 4880 Van Nuys Dr, Mt. Hood, OR 97041

GPS: 45.521863, -121.593579

RUNNER DIRECTIONS FROM EXCH 3 TO EXCH 4

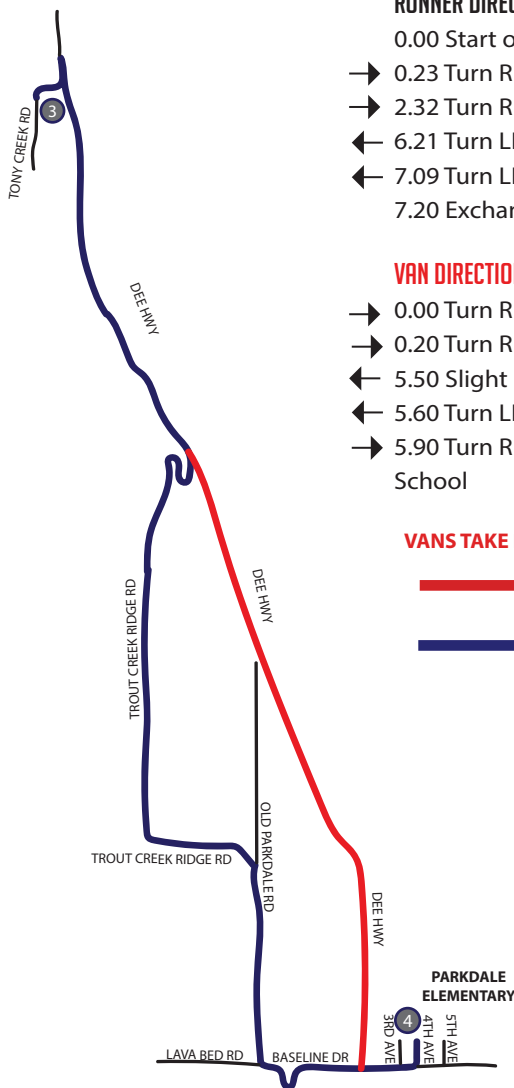
- 0.00 Start on Tony Creek Rd
- 0.23 Turn RIGHT onto Dee Hwy
- 2.32 Turn RIGHT onto Trout Creek Ridge Rd
- ← 6.21 Turn LEFT onto Baseline Rd
- ← 7.09 Turn LEFT onto 4th Ave
- 7.20 Exchange 4

VAN DIRECTIONS FROM EXCH 3 TO EXCH 4

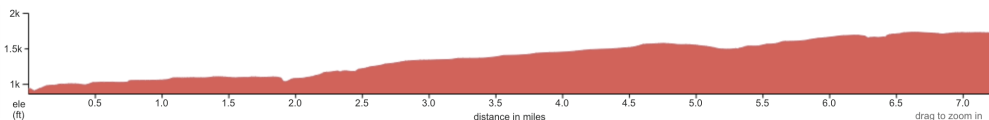
- 0.00 Turn RIGHT onto Tony Creek Rd
- 0.20 Turn RIGHT onto OR-281 S/Dee Hwy
- ← 5.50 Slight LEFT onto Baseline Rd
- ← 5.60 Turn LEFT onto 4th Ave
- 5.90 Turn RIGHT into Parkdale Elementary School

VANS TAKE DIFFERENT ROUTE THAN RUNNERS

-  VAN ROUTE
-  RUNNER ROUTE



ELEVATION: 976FT/-181FT
NET: 795FT



LEG 5

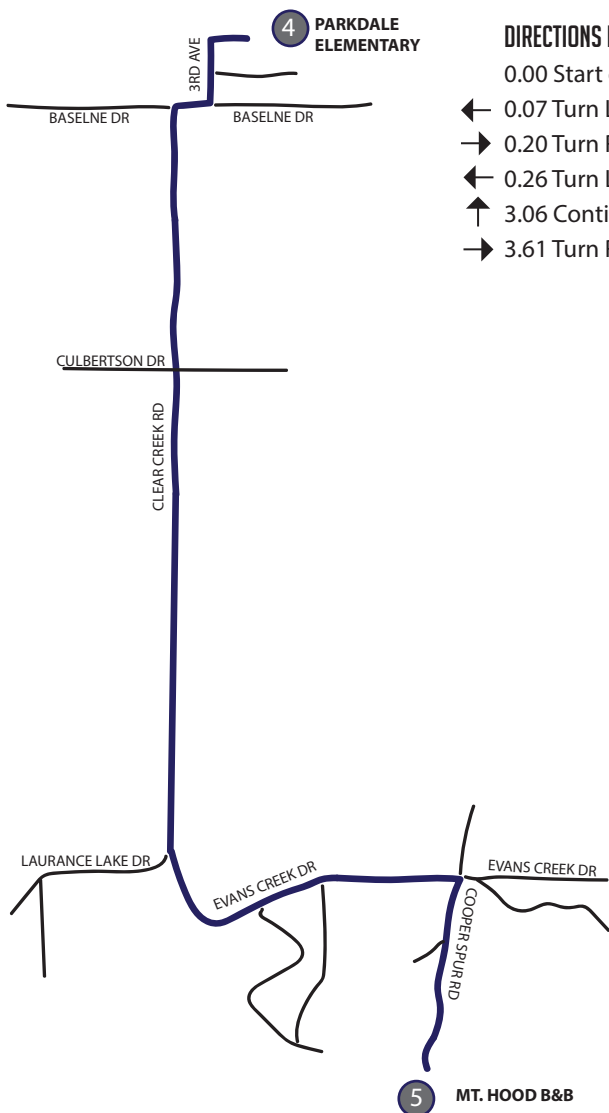
3.93 MILES | HARD



LEG DESCRIPTION: A steady climb throughout the entire leg with great views

EXCH 5 ADDRESS: Mt. Hood B&B, 8885 Cooper Spur Rd, Mt. Hood, OR 97041

GPS: 45.474539, -121.586766



DIRECTIONS FROM EXCH 4 TO EXCH 5

0.00 Start on Van Nuys Drive

← 0.07 Turn LEFT on 3rd Street

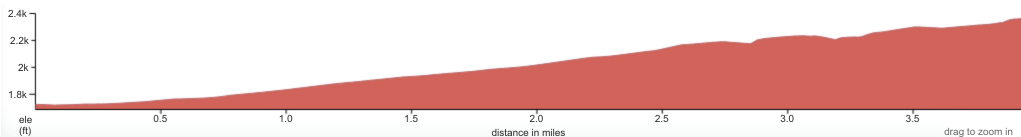
→ 0.20 Turn RIGHT on Baseline Drive

← 0.26 Turn LEFT on Clear Creek Road

↑ 3.06 Continue onto Evans Creek Dr

→ 3.61 Turn RIGHT onto Cooper Spur Rd

ELEVATION: 647FT/-11FT
NET: 636



LEG 6

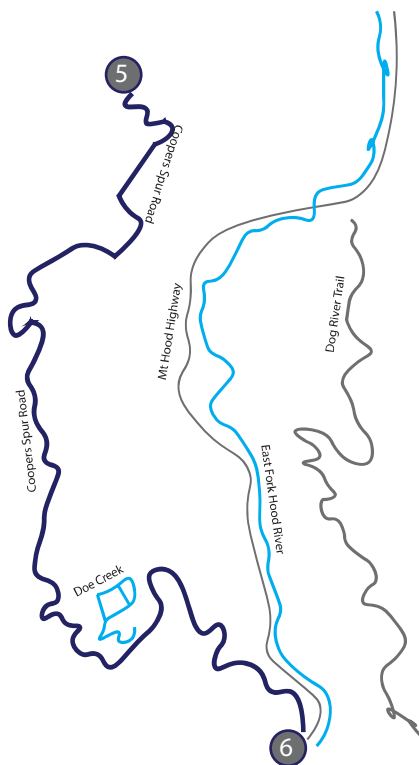
7.22 MILES | HARD



LEG DESCRIPTION: A steady incline leading into a downhill finish

EXCH 6 ADDRESS: N/A- use GPS coordinates

GPS: 45.419708, -121.570645

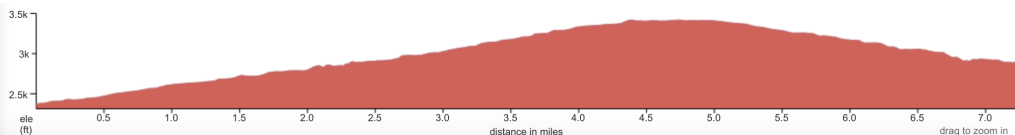


DIRECTIONS FROM EXCH 5 TO EXCH 6

Start on Cooper Spur Rd

7.2 Continue on Cooper Spur Rd to Exch 6

ELEVATION: 1,045FT/-536FT
NET: 509FT



LEG 7 6.28 MILES | MODERATE

LEG DESCRIPTION: A nice and long downhill route

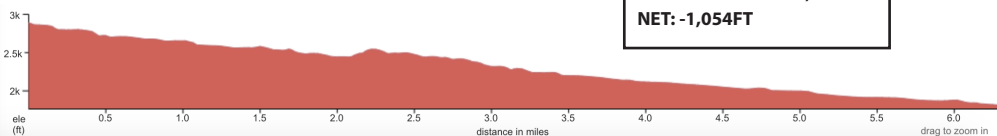
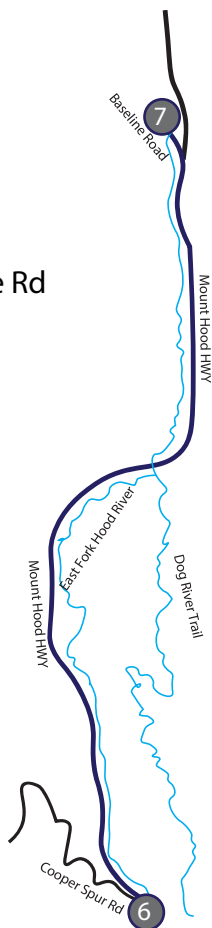
EXCH 7 ADDRESS: N/A- use GPS coordinates

GPS: 45.497791, -121.562463

DIRECTIONS FROM EXCH 6 TO EXCH 7

← 6.1 Turn **LEFT** onto Baseline Rd

6.28 Arrive at Exchange 7



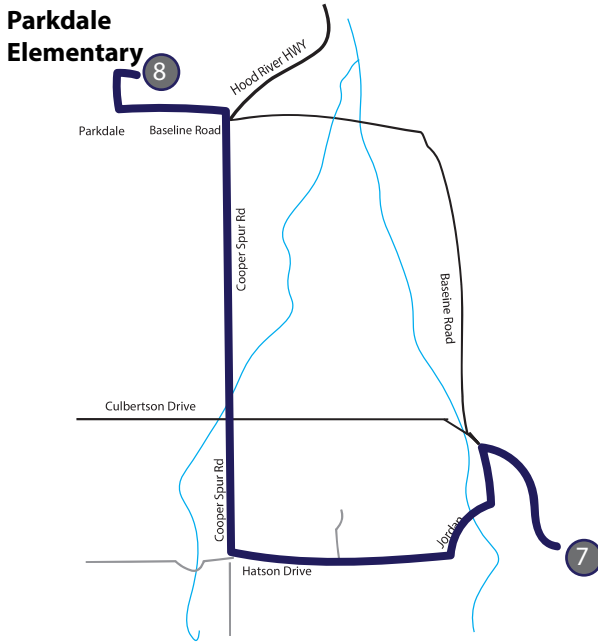
ELEVATION: 94FT/-1,148FT
NET: -1,054FT

LEG 8 3.79 MILES | MODERATE

LEG DESCRIPTION: A steady uphill start with an easy downhill finish

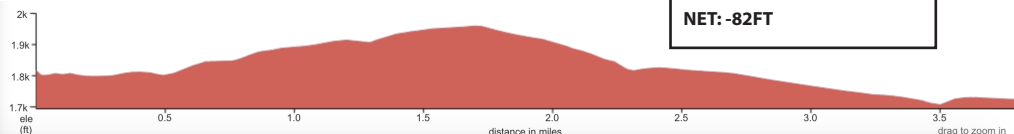
EXCH 8 ADDRESS: Parkdale Elementary, 4880 Van Nuys Dr, Mt Hood, OR 97041

GPS: 45.521889, -121.593547



DIRECTIONS FROM EXCH 7 TO EXCH 8

- ← 0.5 mi Sharp left onto Jordan Rd
- 0.9 mi Continue onto Hutson Dr
- 1.7 mi Turn right onto Cooper Spur Rd
- ← 3.2 mi Turn left onto OR-281 N
- 3.6 mi Turn right onto 4th Ave
- 3.8 mi Turn right onto Van Nuys Dr
- 3.8 mi Turn right onto 5th Ave to continue to Exchange 8



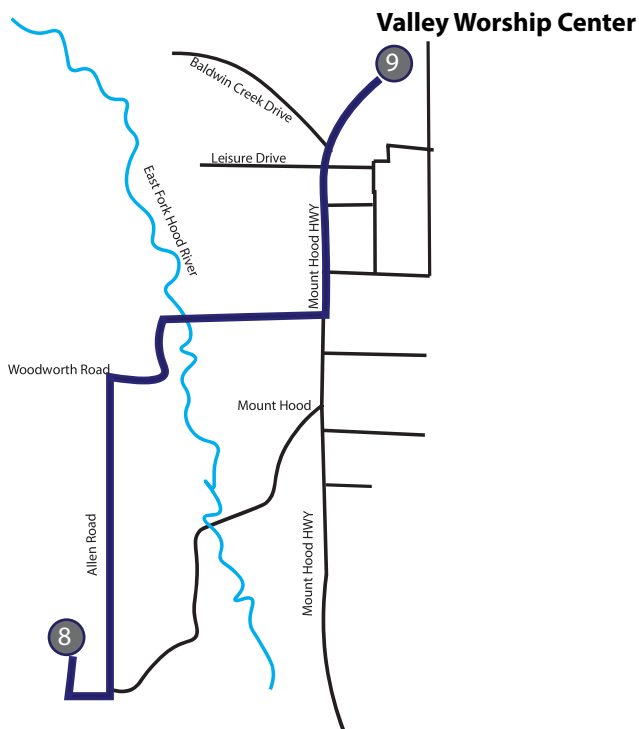
LEG 9

4.33 MILES | EASY 9

LEG DESCRIPTION: An easy, mostly downhill route

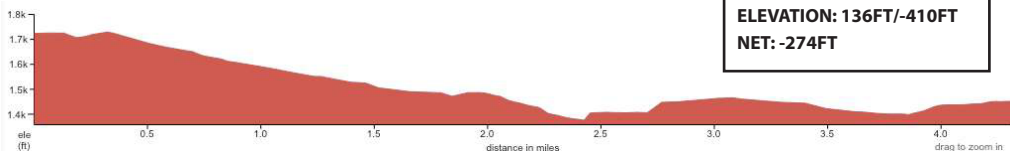
EXCH 9 ADDRESS: Valley Worship Center, 5780 OR-35, Mt Hood, OR 97041

GPS: 45.561525, -121.563393



DIRECTIONS FROM EXCH 8 TO EXCH 9

- 0.05 Turn RIGHT onto 5th Ave
- ← 0.18 Turn LEFT onto OR-281/Baseline Dr
- ← 0.38 Turn LEFT onto Allen Rd
- 1.90 Turn RIGHT onto Woodward Rd
- ← 3.13 Turn LEFT onto OR-35 N
- 4.33 Arrive at Exchange 9

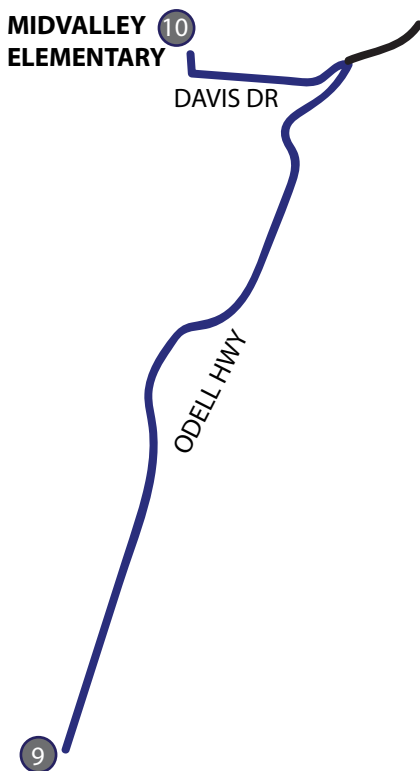


LEG 10 6.34 MILES | MODERATE 10

LEG DESCRIPTION: A moderately flat beginning with an easy downhill finish

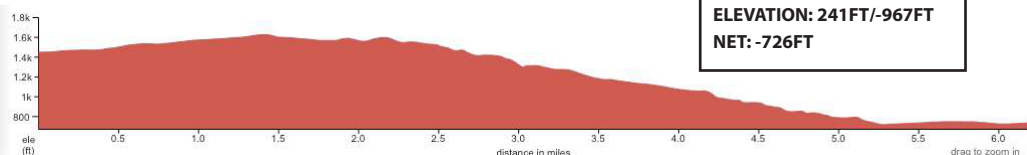
EXCH 10 ADDRESS: Midvalley Elementary, 3686 David Dr, Hood River, OR 97031

GPS: 45.625166, -121.544202



DIRECTIONS FROM EXCH 9 TO EXCH 10

- ← 5.06 Turn LEFT onto Davis Dr
- 5.81 Turn RIGHT onto Odell Hwy
- 6.27 Turn RIGHT onto A G A Rd
- 6.34 Arrive at Exchange 10



LEG 11

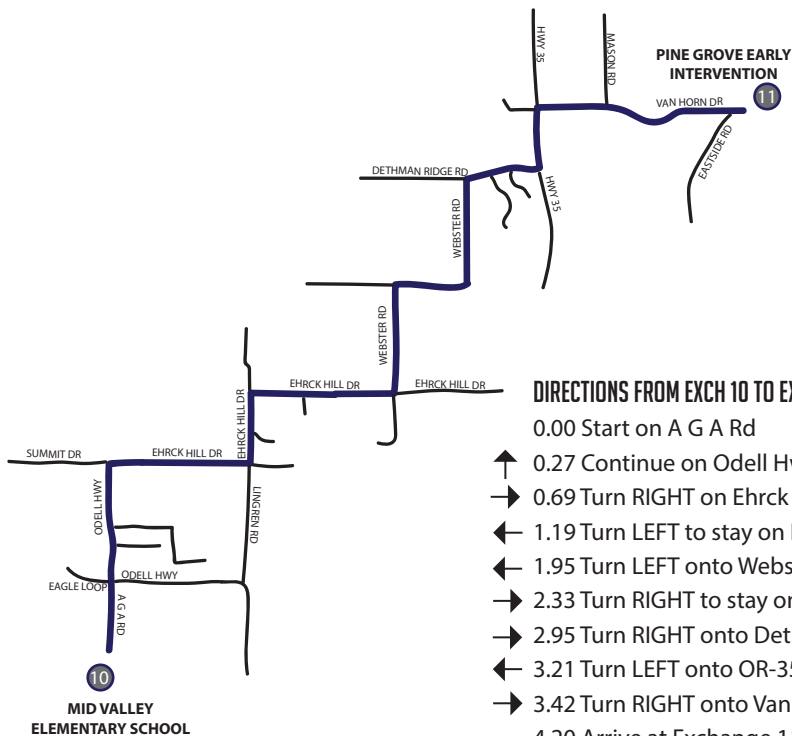
4.20 MILES | MODERATE



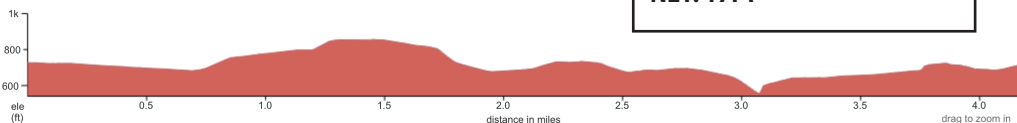
LEG DESCRIPTION: A consistently up and down route

EXCH 11 ADDRESS: Pine Grove Early Intervention, 2405 Eastside Rd, Hood River, OR 97031

GPS: 45.652720, -121.498186



ELEVATION: 356FT/-373FT
NET: 17FT



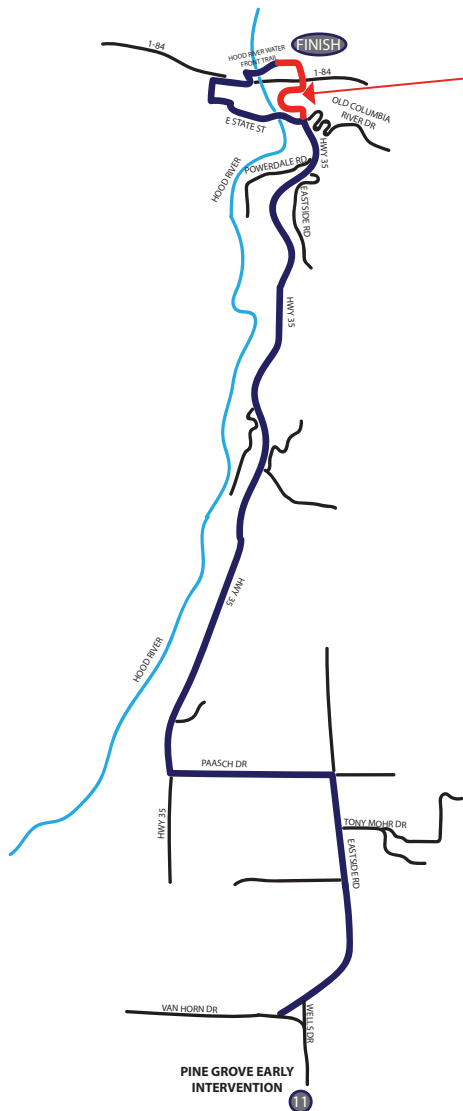
LEG 12

5.90 MILES | EASY 12

LEG DESCRIPTION: A steady downhill route with a few short inclines sprinkled in

FINISH ADDRESS: Marina Green, 600 E Marina Dr, Hood River, OR 97031

GPS: 45.711289, -121.505541



VANS GO STRAIGHT AT AT US-30 TO GO BACK TO MARINA GREEN

DIRECTIONS FROM EXCH 11 TO FINISH

0.00 Start on Eastside Rd

- ← 1.04 Turn LEFT on Paasch Dr
- 1.81 Turn RIGHT onto OR-35 S
- ← 4.84 Turn LEFT onto US-30 W
- 5.21 Turn RIGHT onto Front St
- ← 5.26 Take a slight LEFT onto Oak St
- 5.36 Turn RIGHT onto 2nd St
- 5.48 Turn RIGHT onto Slough Trail
- ↑ 5.73 Take the pedestrian overpass
- 5.89 Stay RIGHT onto Hood River Waterfront Trail
- 5.90 FINISH

ELEVATION: 166FT/-804FT
NET: -638FT

