



# LEG 1

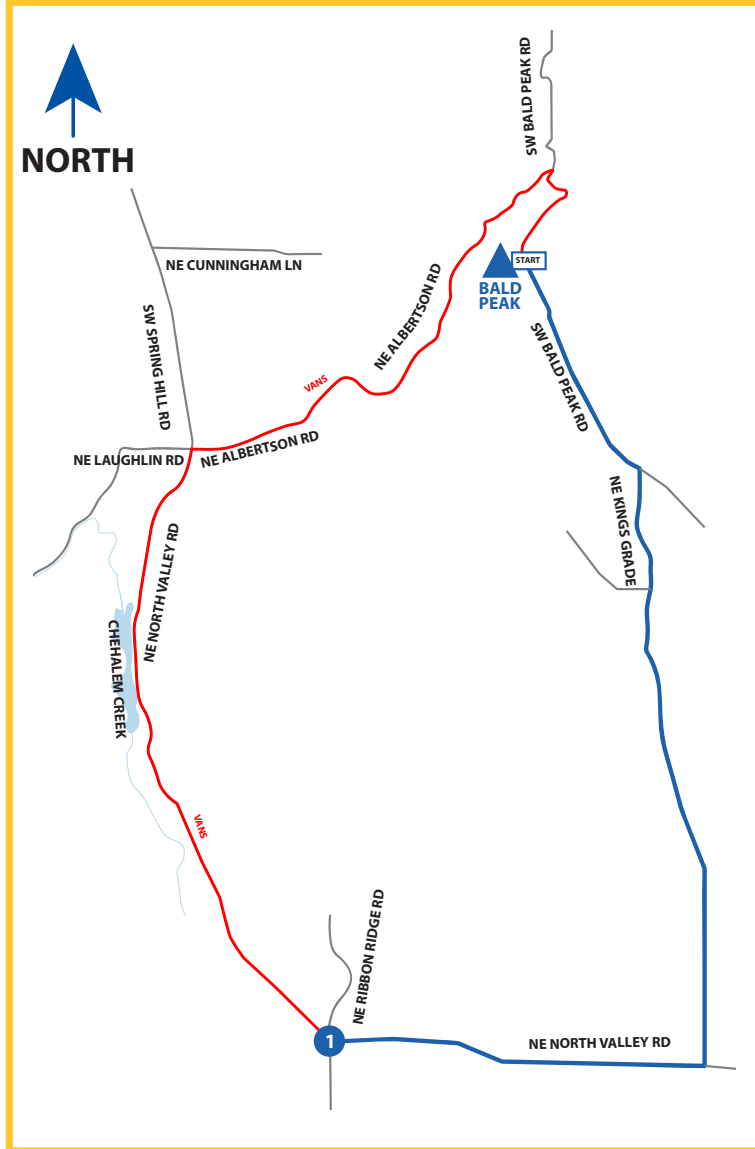
# 7.21 MI | HARD

**LEG DESCRIPTION:** VERY steep downhill, ending with a 4 flat miles

**EXCH 1 ADDRESS:** 15799 NE Ribbon Ridge Rd, Newberg, OR 97132

**GPS:** 45.332577, -123.078896

**NOTES:** NO VAN SUPPORT ON THIS LEG.



### DIRECTIONS FROM START TO EXCH 1

- 0.00 Turn **RIGHT** out of start on to Bald Peak Rd
- 1.33 Slight **RIGHT** onto NE Kings Grade
- 4.94 Turn **RIGHT** onto NE North Valley Rd
- ← 7.21 Turn **LEFT** onto NE Ribbon Ridge Rd
- 7.21 Exchange 1

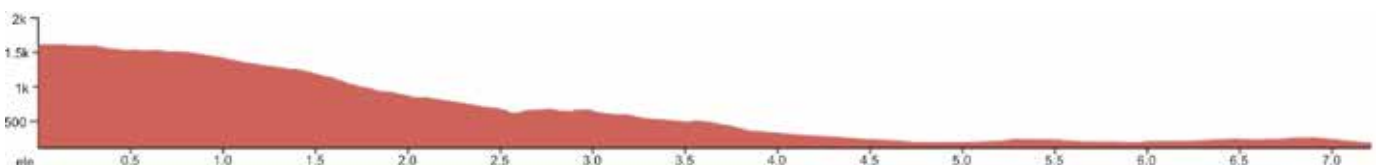
### VAN DIRECTIONS FROM START TO EXCH 1

- 0.00 Start: Laurelwood, OR
- ← 0.50 Stay **LEFT** onto SW Bald Peak Rd
- ← 0.71 Turn **LEFT** onto NE Albertson Rd
- ← 3.66 Turn **LEFT** onto NE North Valley Rd
- 7.52 Exchange 1 (NE North Valley Rd/NE Ribbon Ridge Rd)

## REMINDER

Your driver **MUST** remain at the wheel during the exchange. Please follow volunteer instructions.

Total Elevation Loss: -1543 ft  
 Total Elevation Gain: +125 ft  
 Net Elevation Change: -1418 ft



# LEG 2

# 7.02 MI | HARD

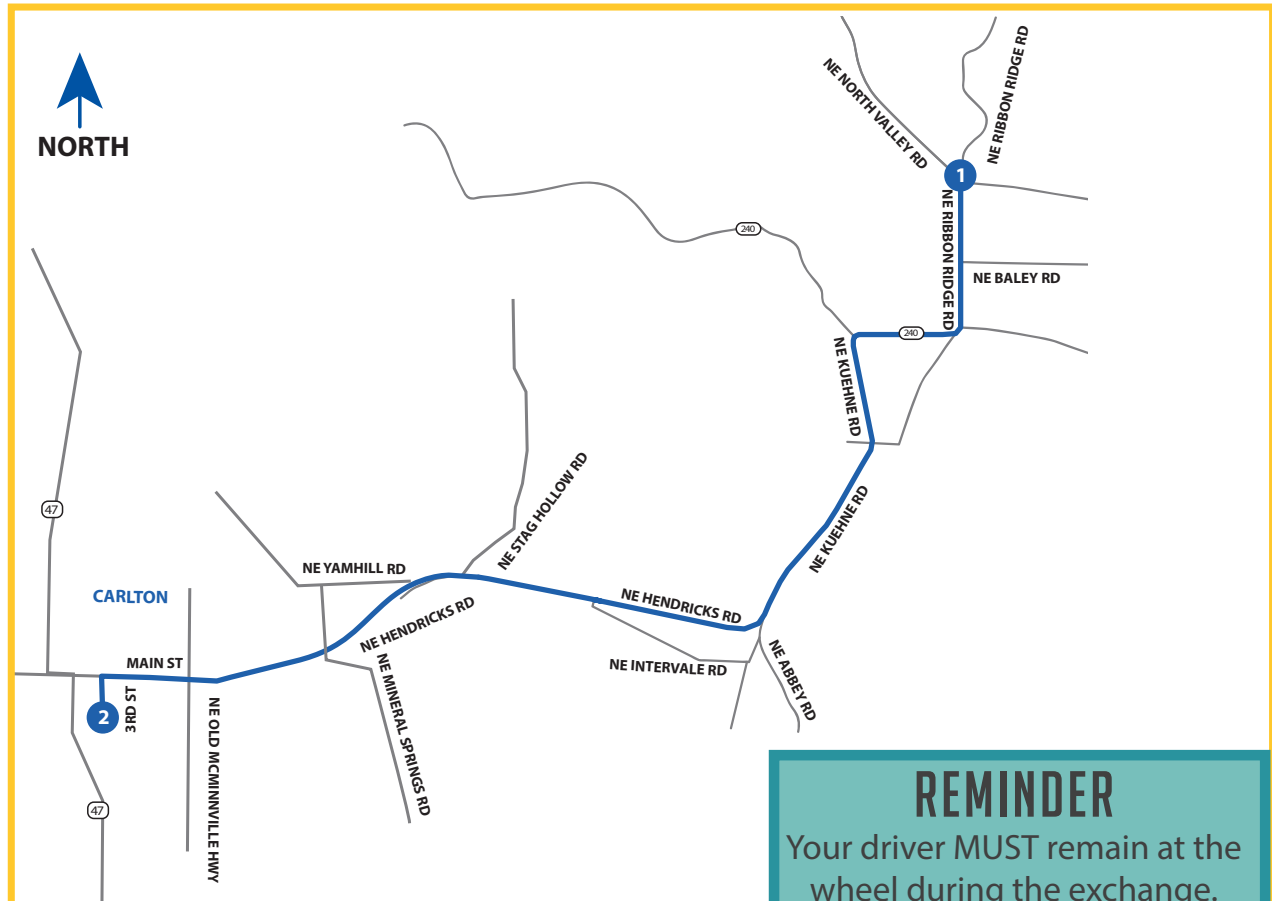


**LEG DESCRIPTION:** Enjoyable leg passing by many vineyards and farmland.

**EXCH 2 ADDRESS:** Yamhill Carlton Elementary School - 420 S 3rd St, Carlton, OR 97111

**GPS:** 45.291085, -123.171784

**NOTES:**

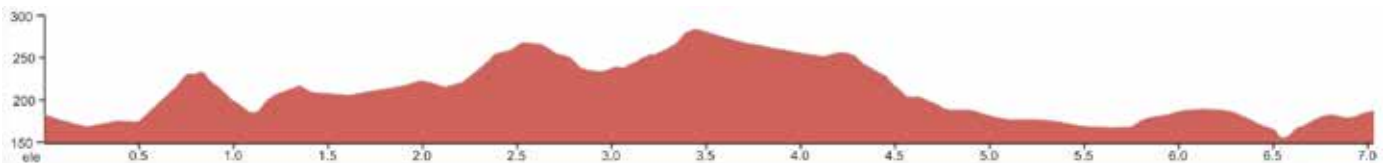


**REMINDER**  
Your driver **MUST** remain at the wheel during the exchange.  
Please follow volunteer instructions.

## DIRECTIONS FROM EXCH 1 TO EXCH 2

- 0.00 Exchange 1 (NE North Valley Rd/NE Ribbon Ridge Rd)
- 0.77 Turn **RIGHT** onto OR-240 W
- ← 1.35 Turn **LEFT** onto NE Kuehne Rd
- 3.16 Turn **RIGHT** onto NE Hendricks Rd
- 6.36 Continue onto Main St
- ← 6.81 Turn **LEFT** onto 3rd St
- 7.02 Exchange 2 (Yamhill Carlton Elementary School)

Total Elevation Loss: -226ft  
Total Elevation Gain: +233 ft  
Net Elevation Change: +7 ft





# LEG 3

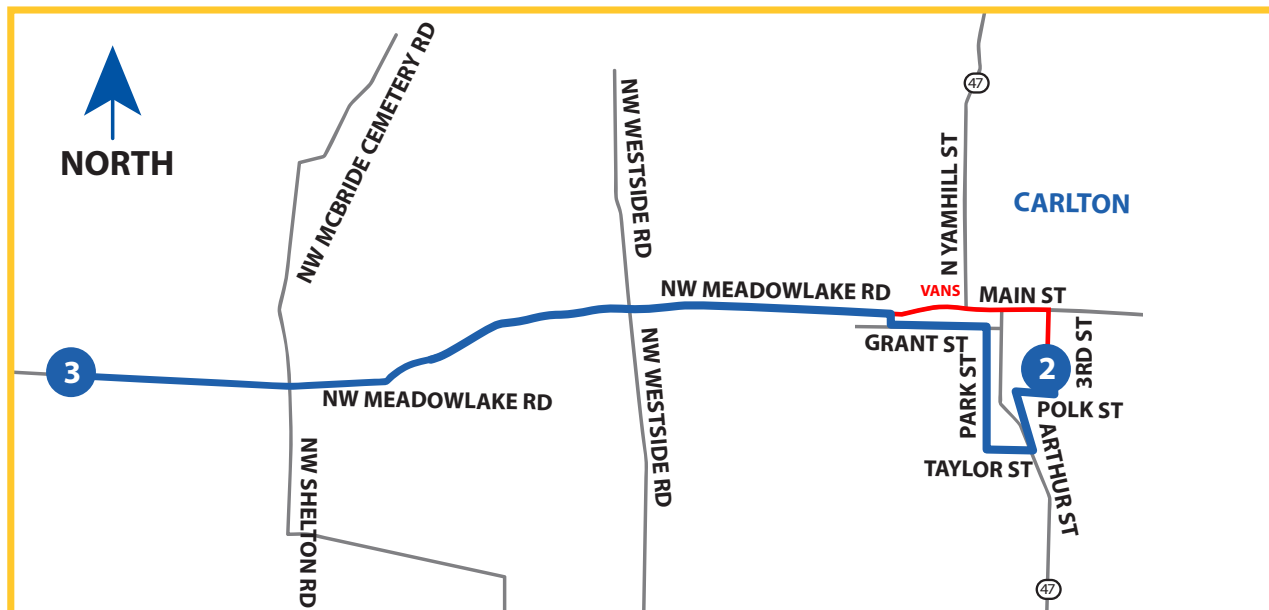
# 4.24 MI | MODERATE

**LEG DESCRIPTION:** Relatively flat leg except for a steep 0.5 mile hill shortly after mile 2.

**EXCH 3 ADDRESS:** Jackson Family Wines- 13500 NW Meadow Lake Rd, Carlton, OR 97111

**GPS:** 45.290914, -123.245778

**NOTES:**



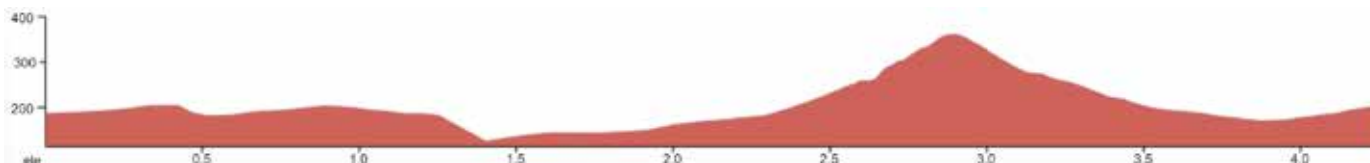
## RUNNER DIRECTIONS FROM EXCH 2 TO EXCH 3

- 0.00 Exchange 2 (Yamhill Carlton Elementary School)
- 0.77 Turn **RIGHT** onto E Polk St
- ← 0.15 Turn **LEFT** onto S Arthur St
- 0.34 Turn **RIGHT** onto W Taylor St
- 0.46 Turn **RIGHT** onto S Park St
- ← 0.84 Turn **LEFT** onto W Grant St
- 1.15 Turn **RIGHT** onto S Cunningham St
- ← 1.20 Turn **LEFT** onto Main St/Meadowlake Rd
- 4.24 Exchange 3 (13500 NW Meadowlake Rd)

## VAN DIRECTIONS FROM EXCH 2 TO EXCH 3

- 0.00 Exchange 2 (Yamhill Carlton Elementary School)
- 0.00 Head **NORTH** on 3rd St
- ← 0.2 Turn **LEFT** onto Main St/Meadowlake Rd
- 4.3 Exchange 3 (13500 NW Meadowlake Rd)

Total Elevation Loss: -258ft  
Total Elevation Gain: +269 ft  
Net Elevation Change: +11 ft



# LEG 4

# 5.53 MI | VERY HARD

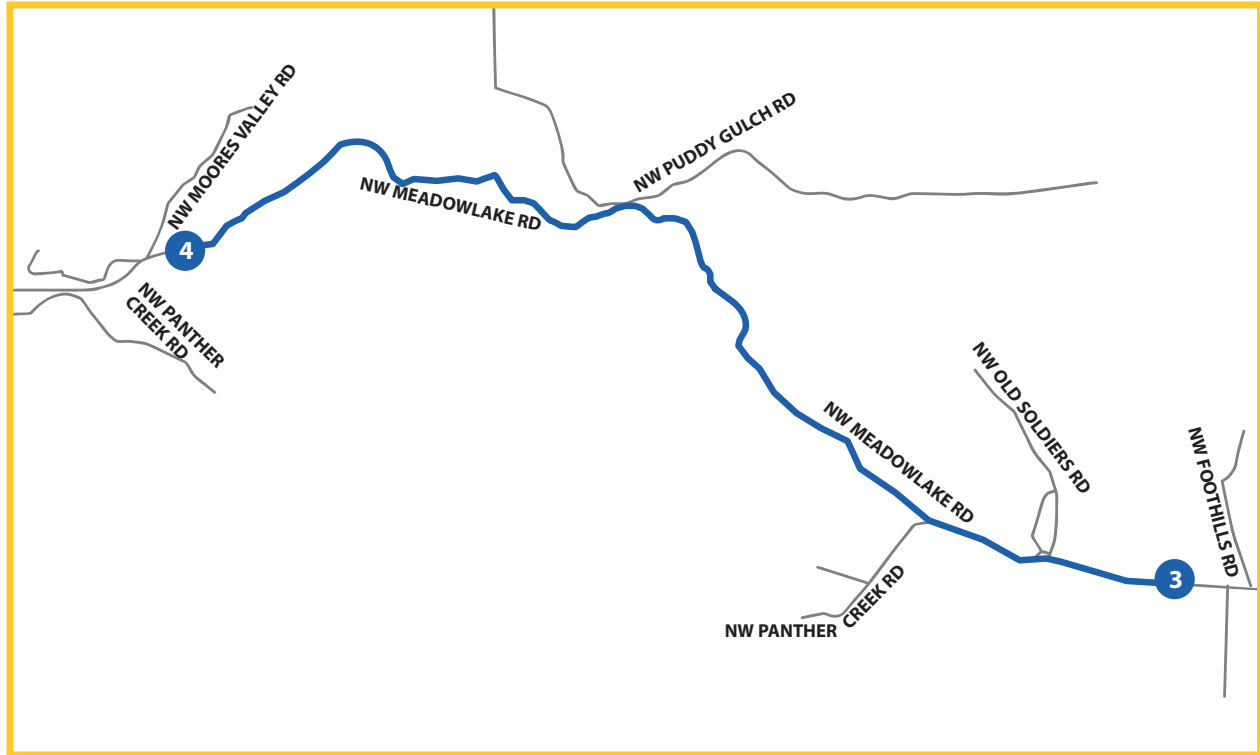


**LEG DESCRIPTION:** Very steep leg with an average 4.7% grade from mile 2 - mile 5.

**EXCH 4. ADDRESS:** A-1 Logging - 21365 NW Meadowlake Rd, Yamhill, OR 97148

**GPS:** 45.314725, -123.332577

**NOTES:**

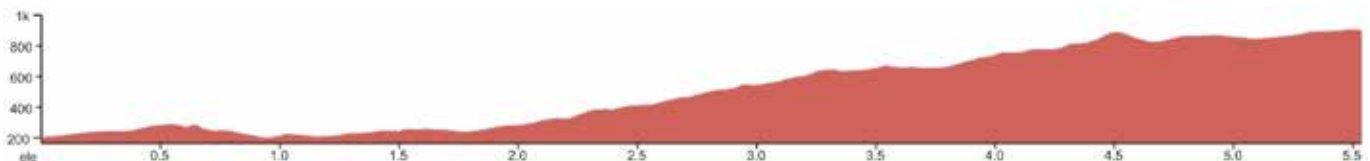


## DIRECTIONS FROM EXCH 3 TO EXCH 4

- 0.00 Exchange 3 (Jackson Family Wines)
- 1.16 Stay **RIGHT** onto NW Meadowlake Rd
- ← 3.31 Stay **LEFT** onto NW Meadowlake Rd
- 5.53 Exchange 4 (A-1 Logging)

Total Elevation Loss: -182ft  
Total Elevation Gain: +879 ft  
Net Elevation Change: +715 ft

**REMINDER**  
Your driver **MUST** remain at the wheel during the exchange.  
Please follow volunteer instructions.





# LEG 5

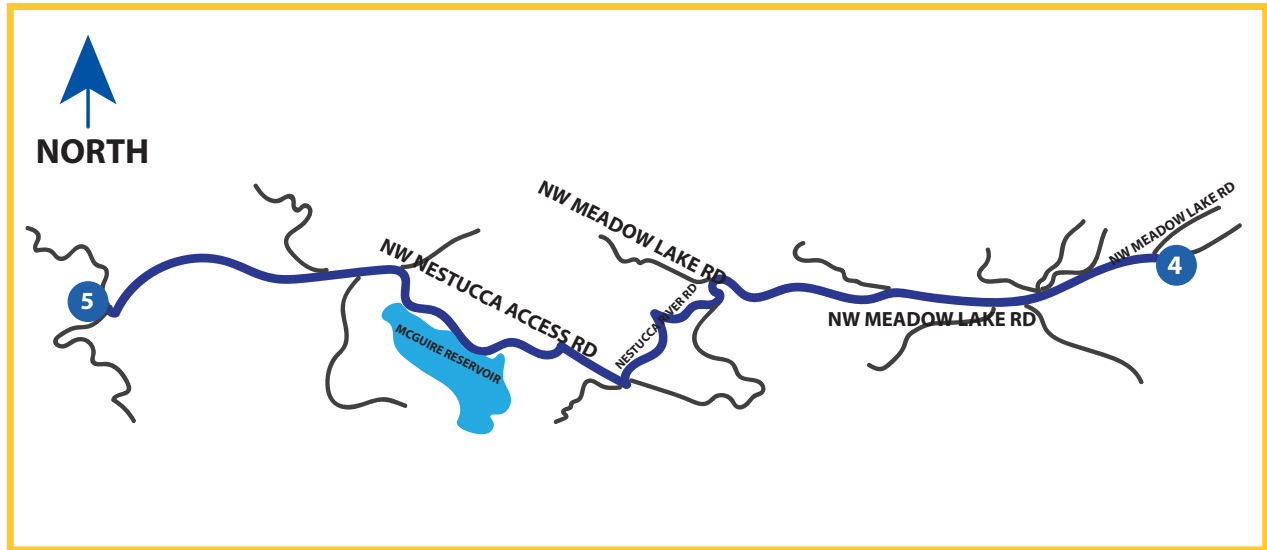
# 6.22 MI | VERY HARD

**LEG DESCRIPTION:** Very steep leg with an average 6.3% grade from mile 0.6 - mile 4.2.

**EXCH 5. ADDRESS:** Nesctucca Equestrian

**GPS:** 45.308854, -123.436672

**NOTES:**



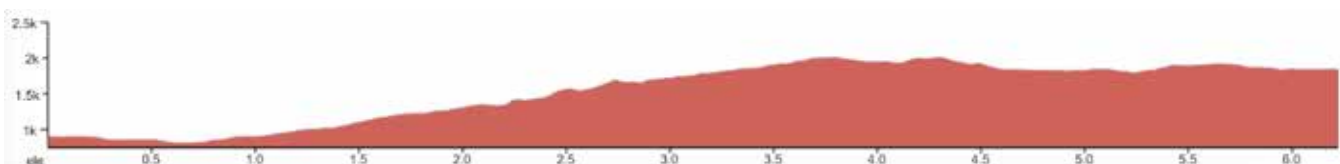
## DIRECTIONS FROM EXCH 4 TO EXCH 5

- 0.00 Exchange 4 (A-1 Logging)
- 2.04 Slight **RIGHT** onto NW Meadowlake Rd
- ← 2.16 Keep **LEFT** around the bend
- 2.39 Turn **RIGHT** onto Nestucca River Rd
- 3.19 Turn **RIGHT** onto NW Nestucca Access Rd
- 6.22 Exchange 5 (Nestucca Equestrian Trailhead)

Total Elevation Loss: 440 ft  
Total Elevation Gain: +1381 ft  
Net Elevation Change: +941 ft

## REMINDER

Your driver **MUST** remain at the wheel during the exchange.  
Please follow volunteer instructions.



# LEG 6

# 6.97 MI | HARD



**LEG DESCRIPTION:** Rolling hills through beautiful forest scenery.

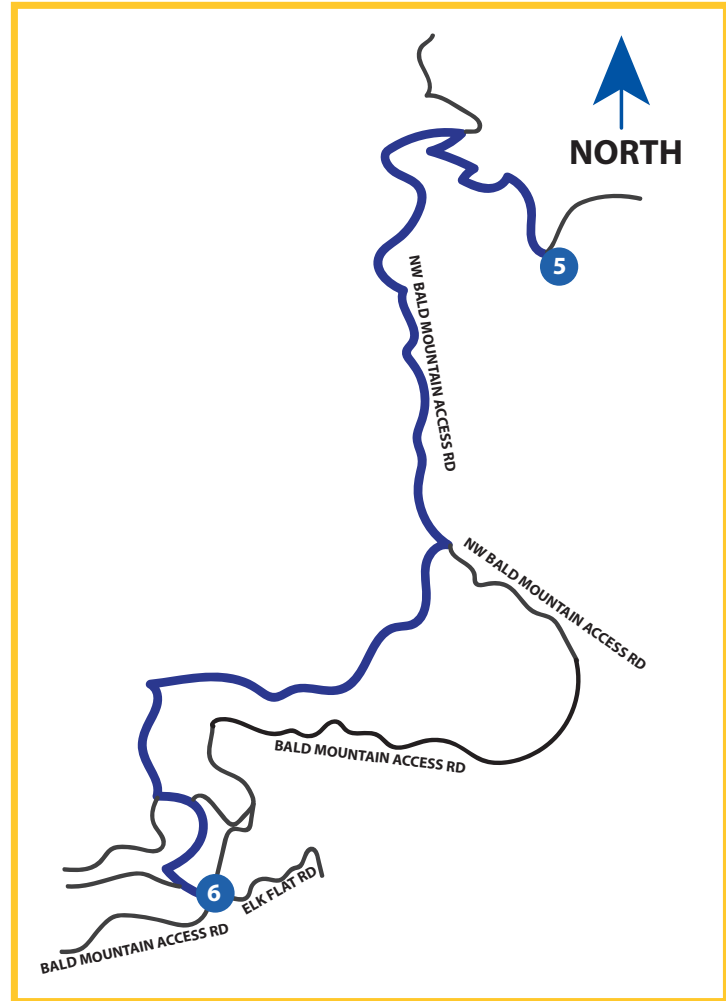
**EXCH 6 ADDRESS:** Elk Flat OHV Staging Area, Willamina, OR 97396

**GPS:** 45.266454, -123.467146

**NOTES:**

## DIRECTIONS FROM EXCH 5 TO EXCH 6

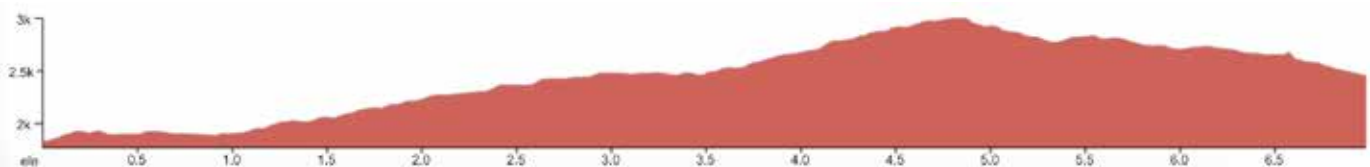
- 0.00 Exchange 5 (Nestucca Equestrian Trailhead)
- ← 1.11 Turn **LEFT** onto Bald Mountain Access Rd
- 6.97 Exchange 6 (Elk Flat OHV Staging Area)



## REMINDER

Your driver **MUST** remain at the wheel during the exchange. Please follow volunteer instructions.

Total Elevation Loss: -669 ft  
Total Elevation Gain: +1,287 ft  
Net Elevation Change: -618 ft





# LEG 7

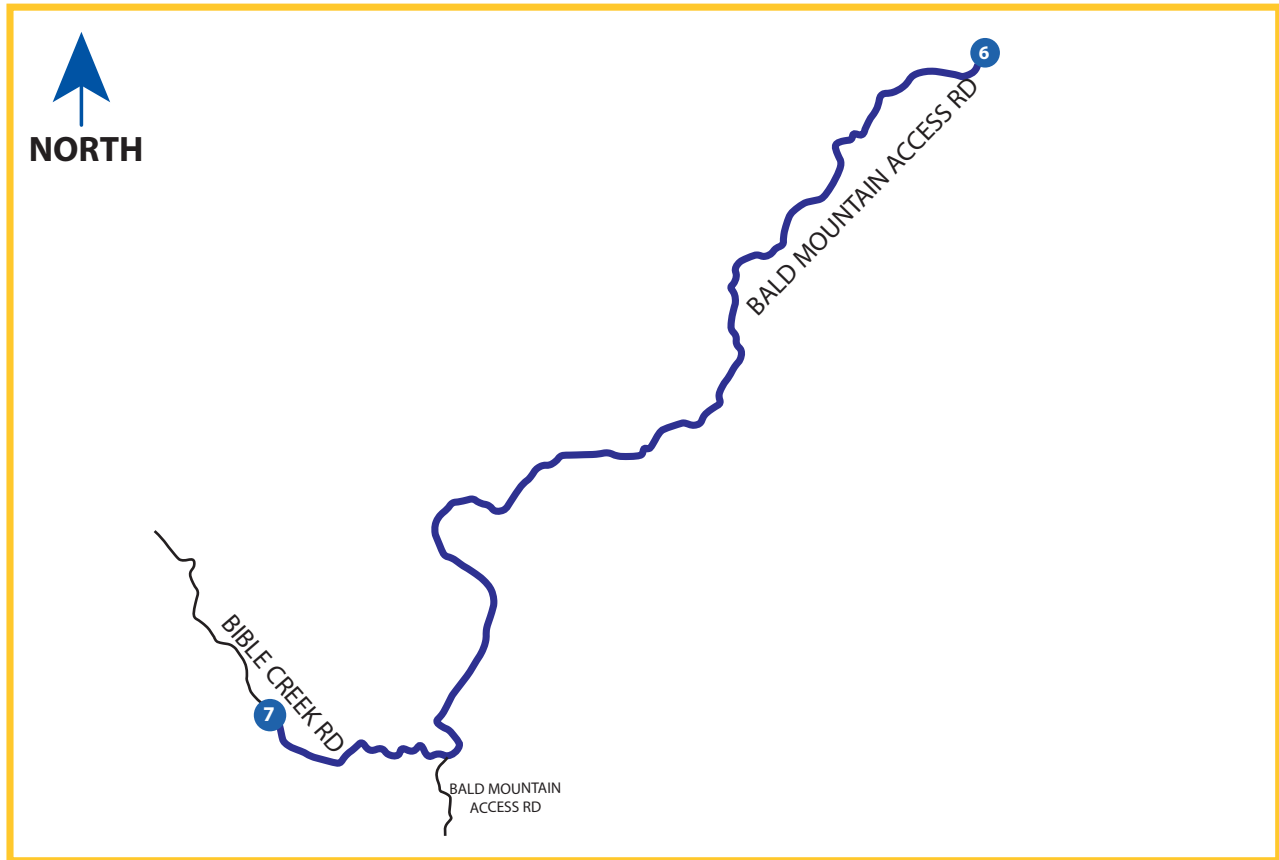
# 8.24 MI | HARD

**LEG DESCRIPTION:** Very long, downhill leg with beautiful forest scenery.

**EXCH 7 ADDRESS:** Bible Creek Rd & FS-1400

**GPS:** 45.208763, -123.556590

**NOTES:**



## DIRECTIONS FROM EXCH 6 TO EXCH 7

0.00 Exchange 6 (Elk Flat OHV Staging Area)

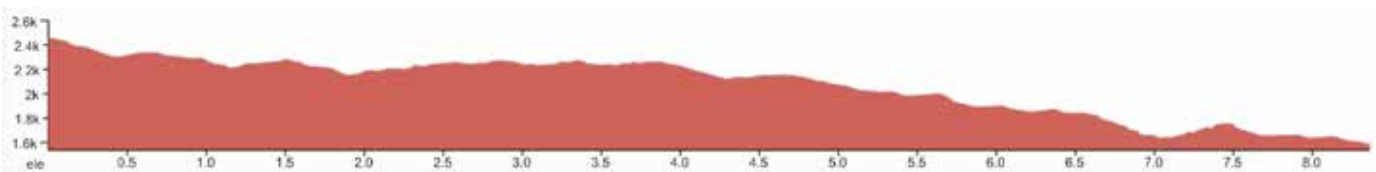
7.04 Turn **RIGHT** onto SW Bible Creek Rd

8.35 Exchange 7 (Bible Creek Rd & FS-1400)

## REMINDER

Your driver **MUST** remain at the wheel during the exchange.  
Please follow volunteer instructions.

Total Elevation Loss: -1,302ft  
Total Elevation Gain: +436 ft  
Net Elevation Change: -866 ft



# LEG 8

# 7.68 MI | MODERATE

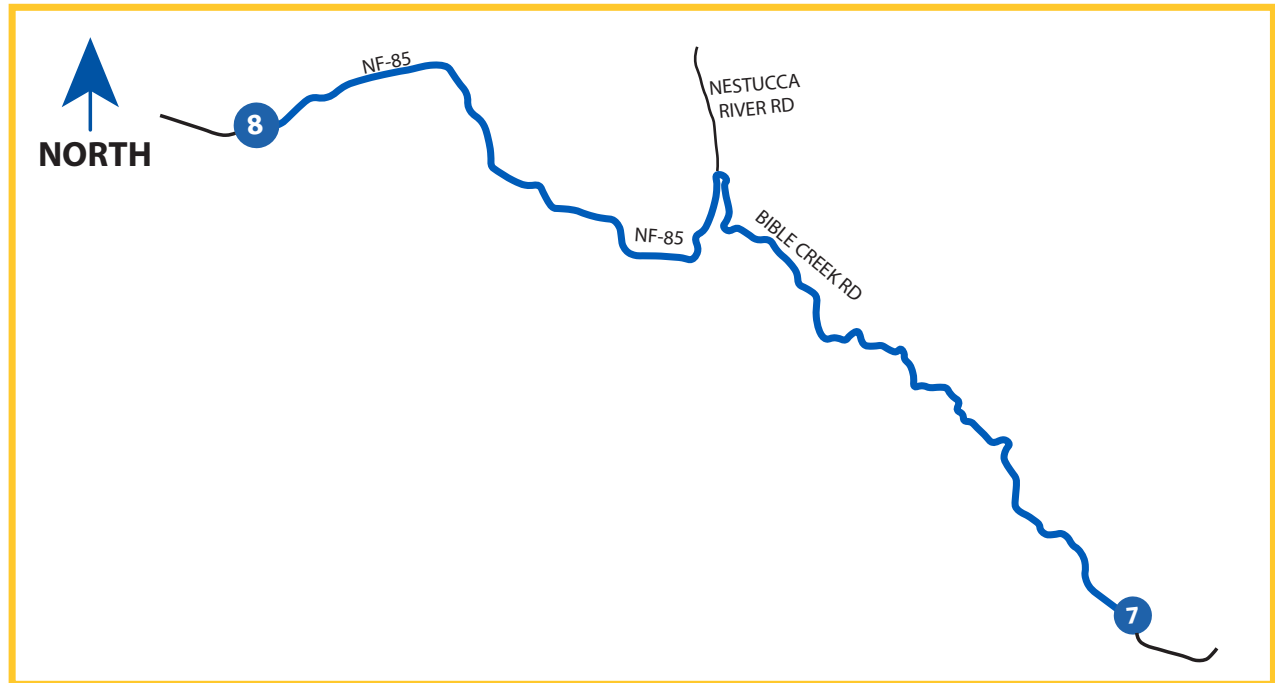


**LEG DESCRIPTION:** Long leg with rolling hills passing by many campgrounds.

**EXCH 8 ADDRESS:** 36305 NF-85, Beaver, OR 97108

**GPS:** 45.251722, -123.642167

**NOTES:**



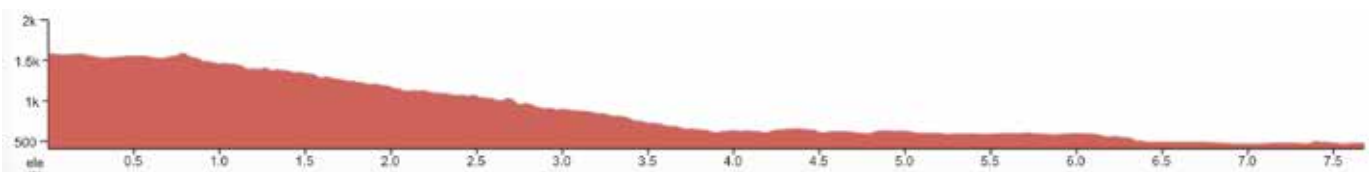
## DIRECTIONS FROM EXCH 7 TO EXCH 8

0.00 Exchange 7 (Bear Creek Rd)

← 3.73 Turn LEFT onto Upper Nestucca River Rd

7.68 Exchange 8(36305 NF-85)

Total Elevation Loss: -1,337 ft  
Total Elevation Gain: +232 ft  
Net Elevation Change: -1,105 ft







# LEG 9

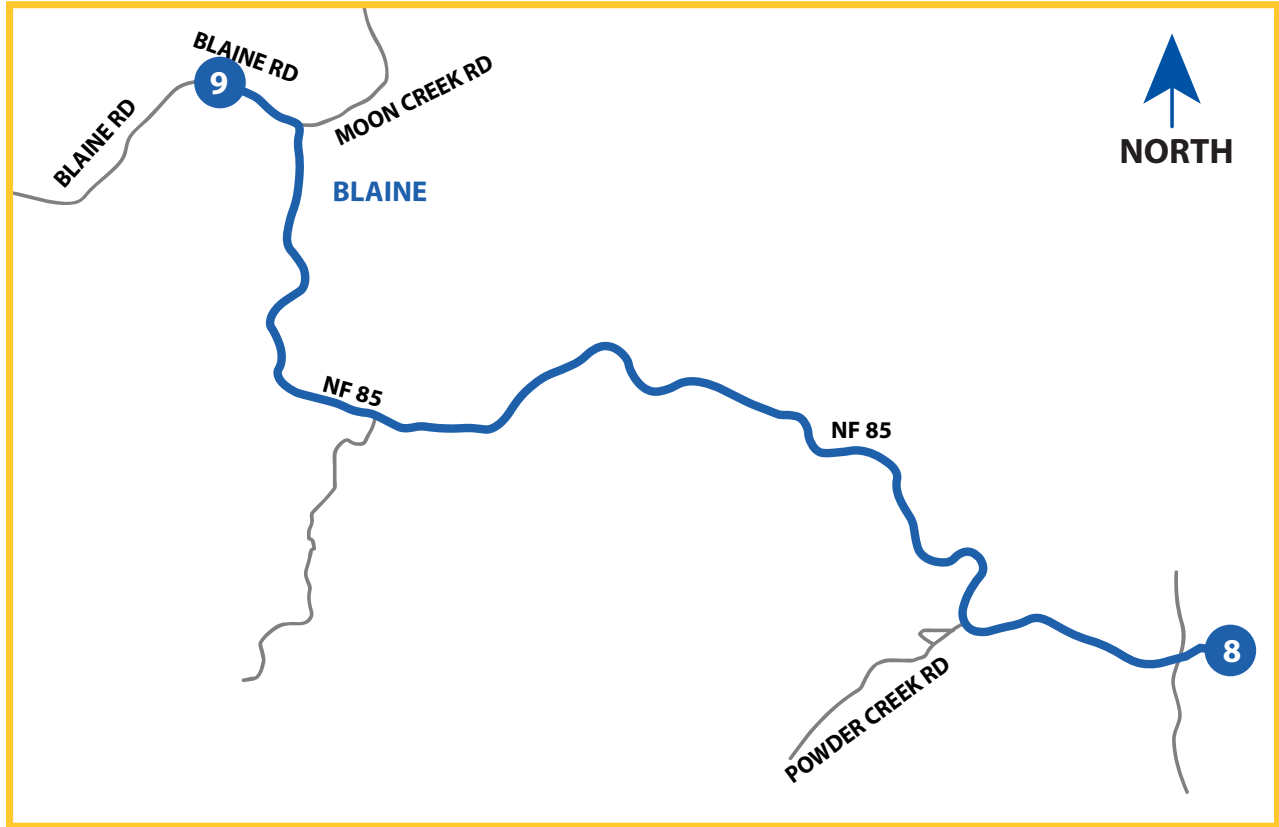
# 5.42 MI | MODERATE

**LEG DESCRIPTION:** Relatively flat/downhill leg.

**EXCH 9 ADDRESS:** Blaine Community Church - 31520 Blaine Rd, Beaver, OR 97108

**GPS:** 45.280687, -123.710692

**NOTES:**



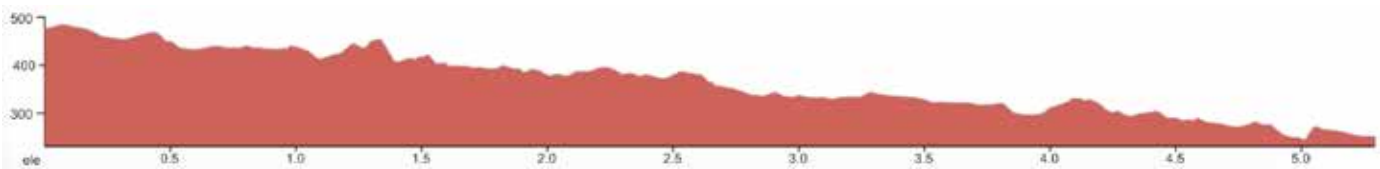
## DIRECTIONS FROM EXCH 8 TO EXCH 9

- 0.00 Exchange 8 (Field on left side of road)
- ↑ 5.13 Continue onto Blaine Rd
- 5.42 Exchange 9 (Blaine Community Church)

## REMINDER

Your driver **MUST** remain at the wheel during the exchange.  
Please follow volunteer instructions.

Total Elevation Loss: -375 ft  
Total Elevation Gain: +148 ft  
Net Elevation Change: -227 ft



# LEG 10

# 6.32 MI | MODERATE

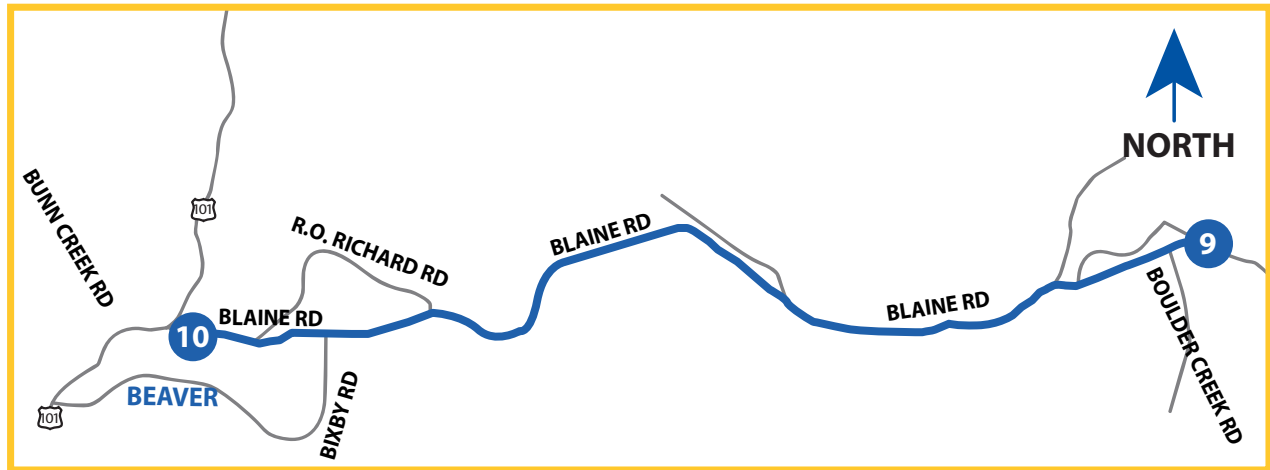


**LEG DESCRIPTION:** This leg crosses the beautiful Nestucca River multiple times, enjoy the views!

**EXCH 10 ADDRESS:** Nestucca Valley Middle School 19995 Blaine Rd, Beaver, OR 97108

**GPS:** 45.276169, -123.824035

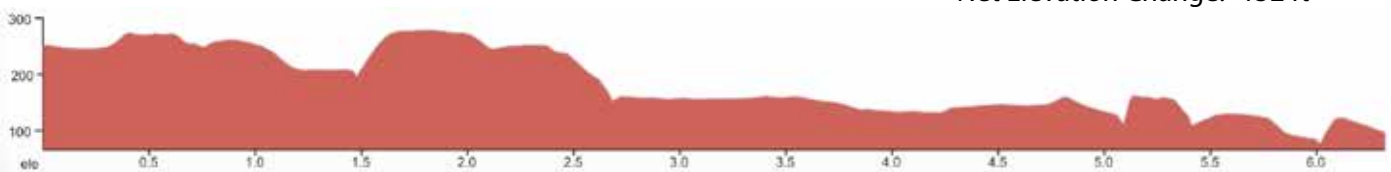
**NOTES:**



## DIRECTIONS FROM EXCH 9 TO EXCH 10

- 0.00 Exchange 9 ( Blaine Rd/Blankenship Rd)
- ↑ 2.12 Continue onto Blaine Rd
- 3.86 Bridge over Nestucca River
- 6.11 Bridge over Nestucca River
- 6.32 Exchange 10 (Nestucca Valley Middle School)

Total Elevation Loss: -355 ft  
Total Elevation Gain: +203 ft  
Net Elevation Change: -152 ft





# LEG 11

# 9.09 MI

# VERY HARD!

## LEG DESCRIPTION: THE MOST DIFFICULT LEG IN HOOD TO COAST HISTORY.

Alright, here's the deal. This leg is NO JOKE. THIS LEG WILL BE VERY DIFFICULT. 9 miles, on logging roads and trails through the forest. You will feel like a real champion after this.

Listed below are some popular hikes to give you a comparison to the 1,247 ft elevation gain.

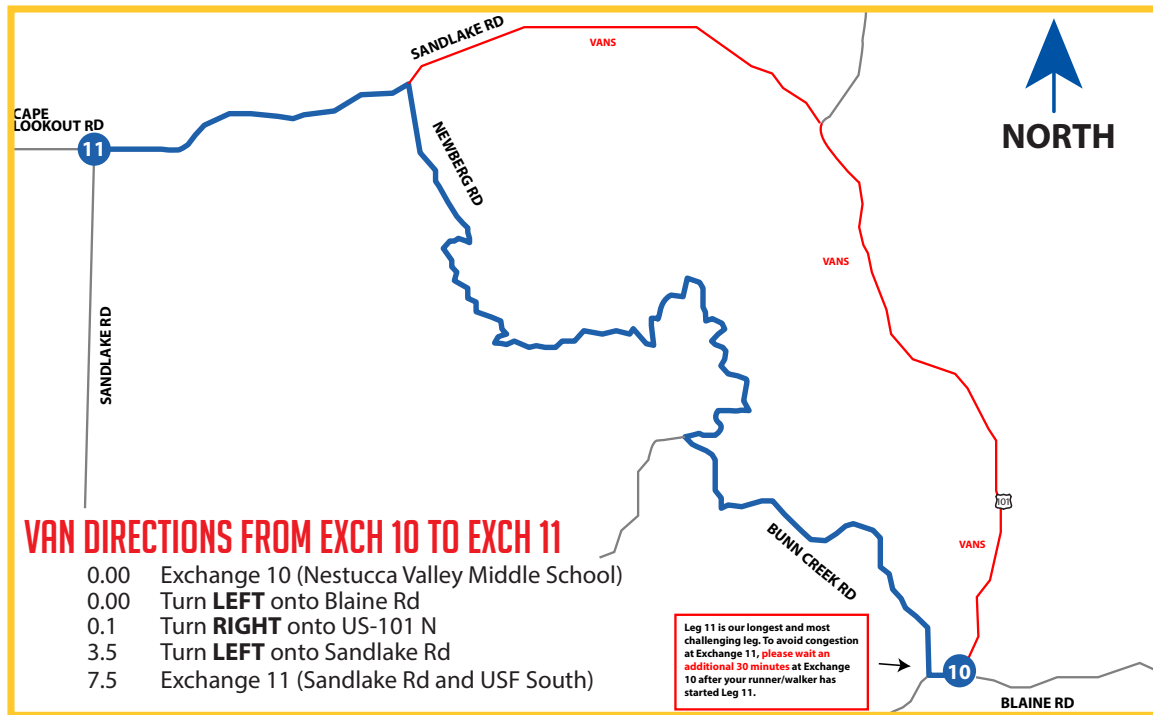
Hike to Multnomah Falls (1.2 mile climb): +1,600 ft

Leg 29 on the Mother of All Relays (3.4 mile climb): +598 ft

**EXCH 11 ADDRESS:** 18868 Sandlake Rd, Cloverdale, Oregon

**GPS:** 45.318247, -123.914285

**NOTES:** NO VAN SUPPORT ON THIS LEG.



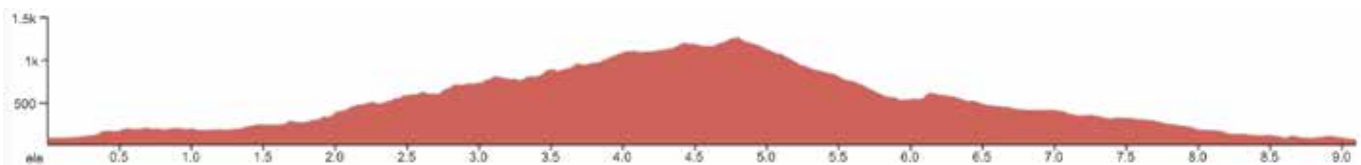
## DIRECTIONS FROM EXCH 10 TO EXCH 11

- 0.00 Exchange 10 (Nestucca Valley Middle School)
- 0.09 Turn **LEFT** onto US-101 S
- 0.22 Turn **RIGHT** onto Bunn Creek Rd
- 2.54 Keep **RIGHT**
- 5.56 Keep **RIGHT**
- 6.50 Turn **LEFT** onto Newberg Rd
- 7.40 Turn **LEFT** onto Sandlake Rd
- 9.09 Exchange 11 (Sandlake Rd and USF South)

**REMINDER**

Your driver **MUST** remain at the wheel during the exchange. Please follow volunteer instructions.

Total Elevation Loss: -1251ft  
 Total Elevation Gain: +1247 ft  
 Net Elevation Change: -4 ft



# 12 LEG 12

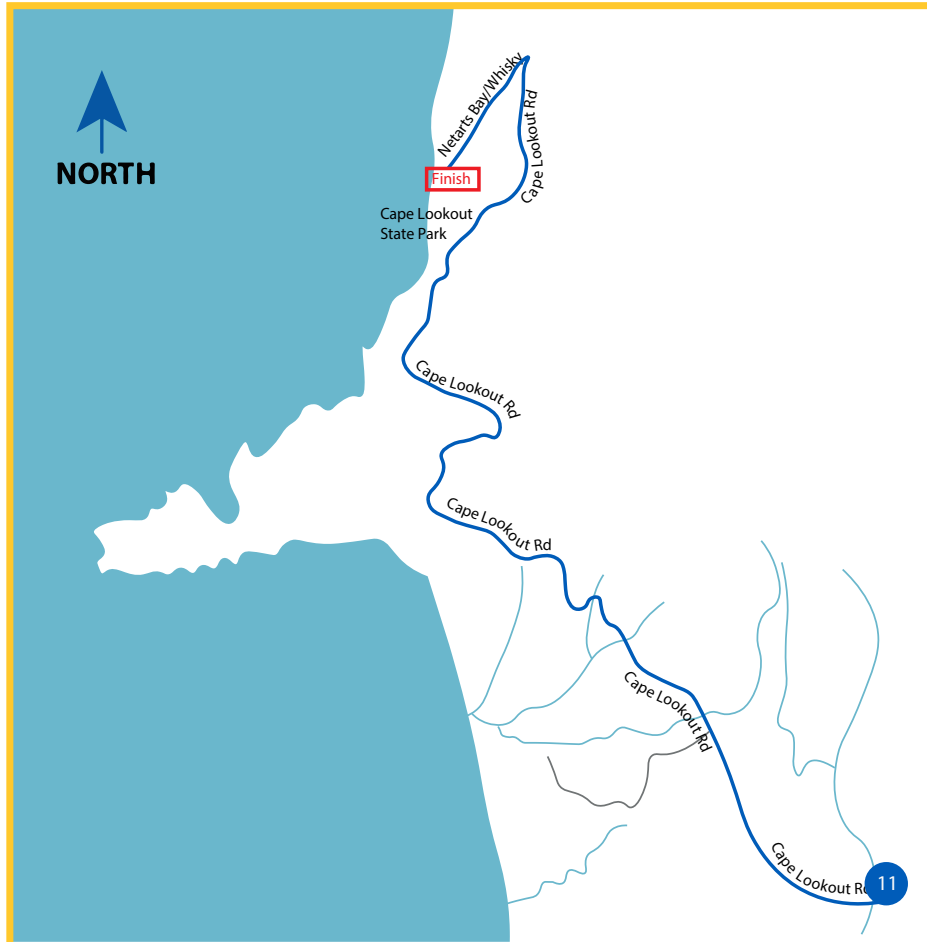
# 6.9 MI | VERY HARD

**LEG DESCRIPTION:** Gradual steep climb, slow descent

**EXCH 12 ADDRESS:** Cape Lookout State Park

**GPS:** 45.360379, -123.970395

**NOTES:** Final Leg! You got this!



## DIRECTIONS FROM EX 11 TO FINISH

- ↑ 0.00 Continue onto Cape Lookout Road
- ↑ 4.80 Cross the road
- ↑ 5.20 Cross the road
- ← 6.30 Turn **LEFT** onto Netarts Bay Rd/Whiskey Creek Road
- 6.90 **FINISH!**

Total Elevation Loss: -895 ft  
Total Elevation Gain: +855 ft  
Net Elevation Change: -40 ft

