

CAPITOL TO COAST RELAY

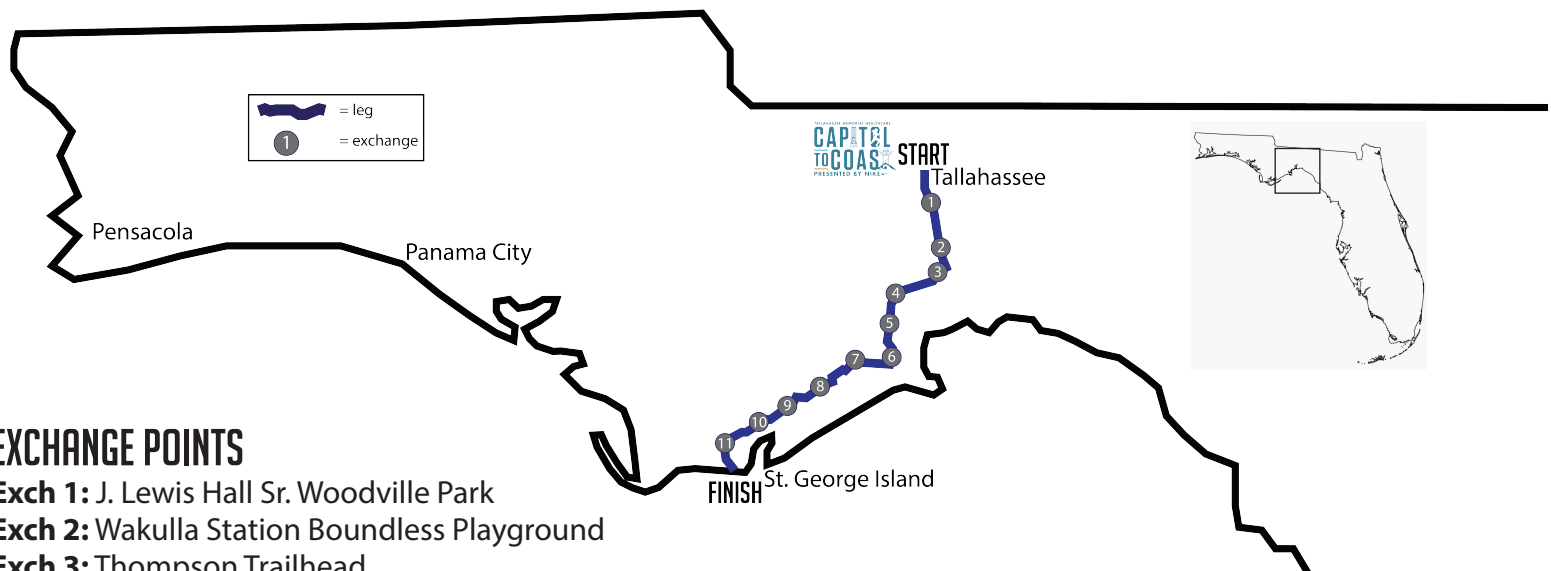
OVERVIEW

START ADDRESS

Old Capitol Building, 400 S Monroe St, Tallahassee, FL 32399

FINISH ADDRESS

St. George Island Lighthouse, 2B E Gulf Beach Dr, Eastpoint, FL 32328



EXCHANGE POINTS

- Exch 1:** J. Lewis Hall Sr. Woodville Park
- Exch 2:** Wakulla Station Boundless Playground
- Exch 3:** Thompson Trailhead
- Exch 4:** Magnuson Hotel Wildwood Inn
- Exch 5:** Panacea Pizza
- Exch 6:** 29.944509, -84.386556
- Exch 7:** 29.944521, -84.501284
- Exch 8:** American Legion
- Exch 9:** Crooked River Lighthouse
- Exch 10:** Franklin High School
- Exch 11:** Emerald Coastal Credit Union

		1st Leg			2nd Leg			Totals/Rankings			
	Runner	Leg #	Mileage	Rating	Leg #	Mileage	Rating	Total Miles	Mileage Ranking	Relative Difficulty	Difficulty Ranking
	1	1	7.34	M	7	8.49	VH	15.83	2	19.11	1
	2	2	6.38	E	8	8.41	H	14.79	3	16.47	3
	3	3	6.41	E	9	8.07	H	14.48	4	16.09	4
	4	4	7.65	M	10	8.42	H	16.07	1	18.51	2
	5	5	7.62	M	11	4.65	E	12.27	5	13.03	5
	6	6	6.27	E	12	5.86	M	12.13	6	12.71	6

ELEVATION: 792 FT/-986FT
NET: -194FT

