

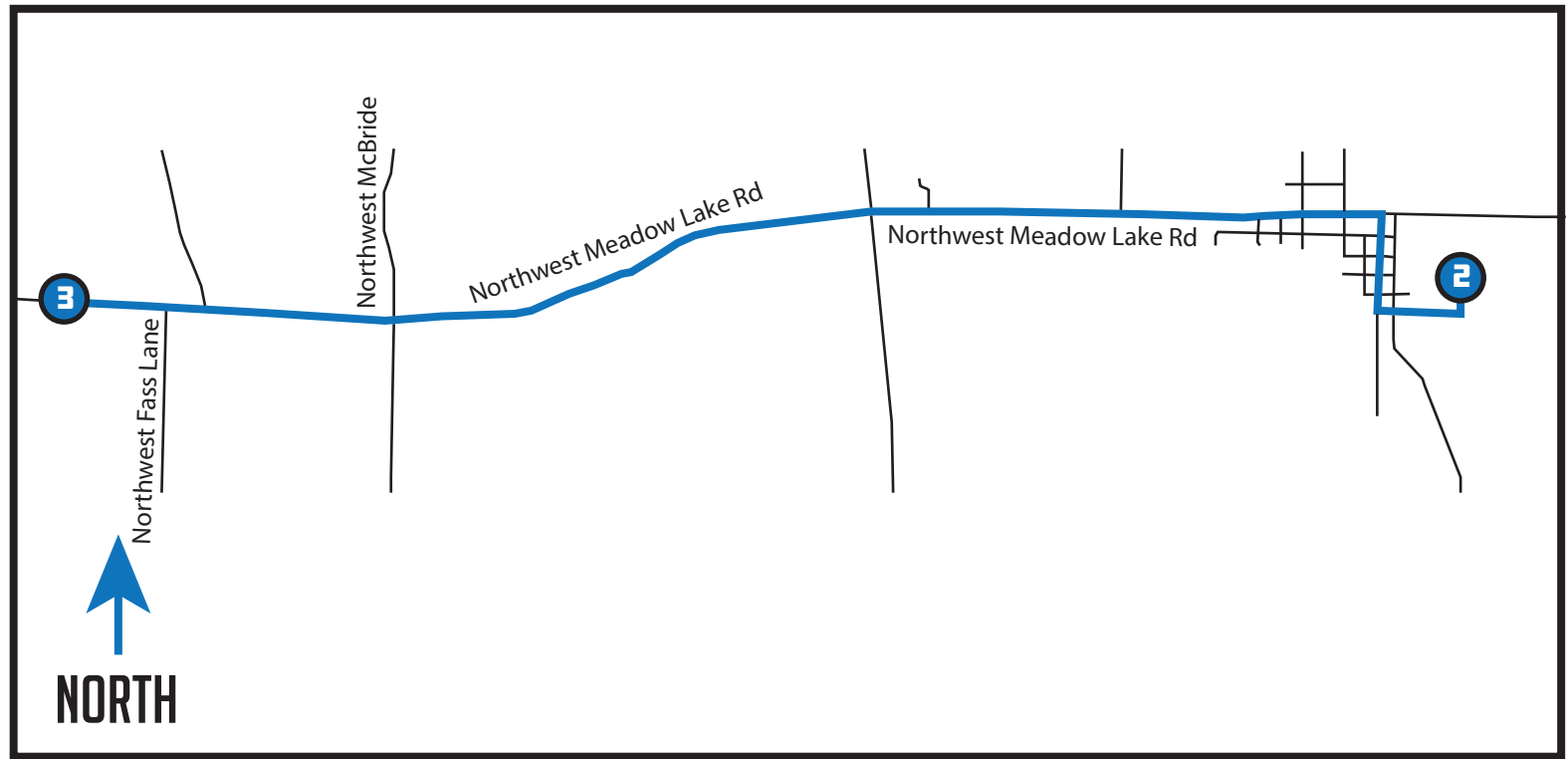


# LEG 3 3.94 MI | MODERATE

**LEG DESCRIPTION:** Leg 3 is a relatively flat and downhill route with a 1-mile up hill battle

**EXCHANGE 3 ADDRESS:** N/A- Use GPS Coordinates

**EXCHANGE 3 GPS:** 45.290914, -123.246482



## DIRECTIONS

- 0.09 Turn RIGHT onto E Polk St
- 0.30 Turn RIGHT onto S Park St
- ← 0.55 Turn LEFT onto W Main St
- ↑ 0.92 Continue onto NW Meadowlake Rd
- 3.94 Arrive at Exchange 3

**Total Elevation Gain: 274**  
**Total Elevation Loss: 256**  
**Net Elevation: -18**

