

CAPITOL TO COAST RELAY

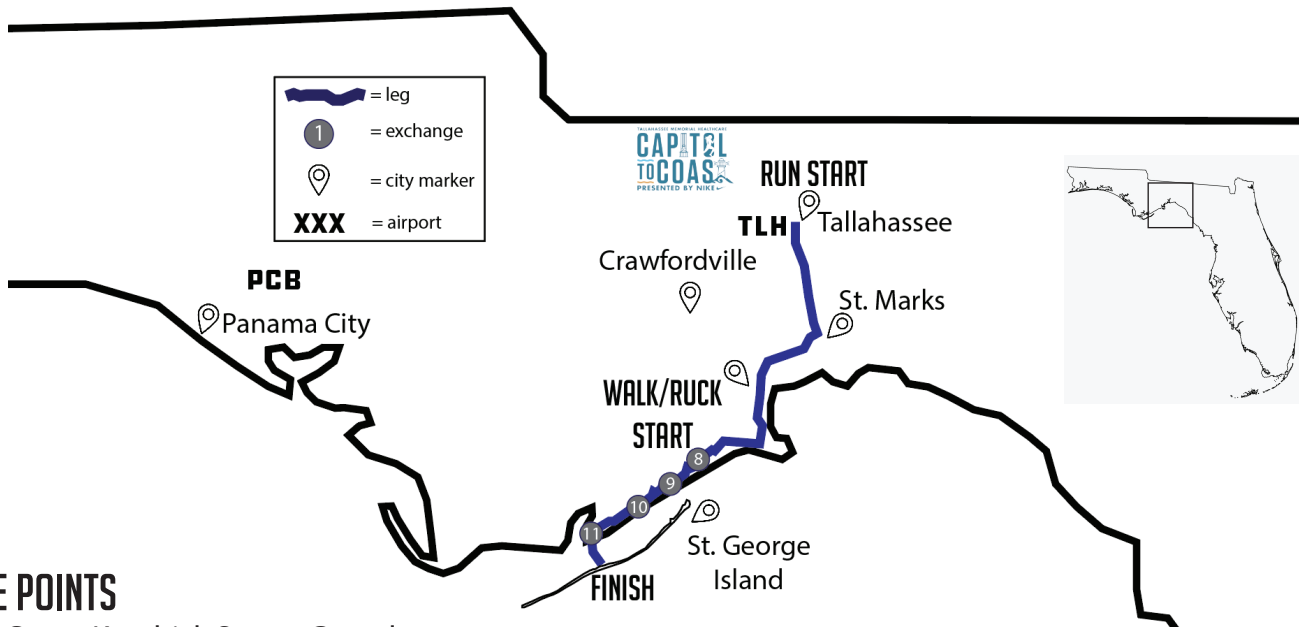
WALK/RUCK OVERVIEW

START ADDRESS

Kendrick Sports Complex, 1601 Kenneth B Cope Ave, Carrabelle, FL 32322

FINISH ADDRESS

St. George Island Lighthouse, 2B E Gulf Beach Dr, Eastpoint, FL 32328



EXCHANGE POINTS

- Walk/Run Start:** Kendrick Sports Complex
- Exch 9:** Crooked River Lighthouse
- Exch 10:** Franklin County School
- Exch 11:** 268 US-98, Eastpoint, FL 32328

Walk/Ruck Legs			
Walk/Rucker	Leg #	Mileage	Rating
1	9	4.31	E
2	10	8.42	H
3	11	5.15	E
4	12	5.86	M

Total Mileage: 23.74

ELEVATION: 258 FT/-270FT
NET: -12FT

