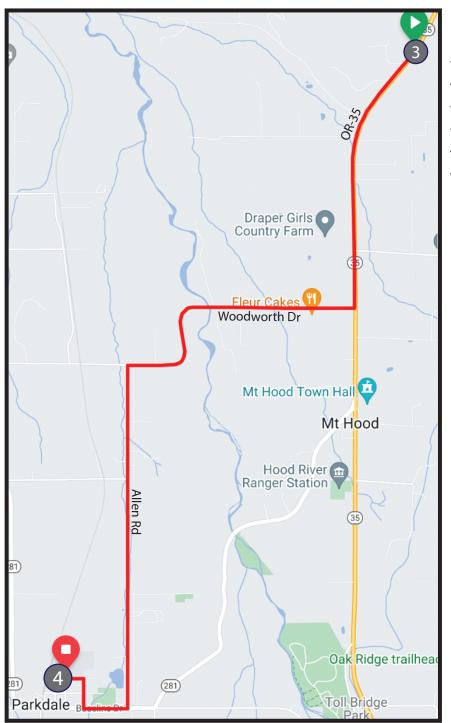


## 4.4 MILES | HARD

**EXCH 4 ADDRESS**: Parkdale Elementary School, 4880 Van Nuys Dr, Mt. Hood, OR 97041 **GPS**: 45.521863, -121.593579



1.0

## RUNNER DIRECTIONS FROM EXCH 3 TO EXCH 4

- → 1.2 Turn RIGHT onto Woodworth Dr
- ← 2.5 Turn LEFT onto Allen Rd
- → 4.0 Turn RIGHT onto Baseline Dr
- → 4.2 Turn RIGHT onto 5th Ave
- ← 4.3 Turn LEFT onto Van Nuys Dr
- ← 4.4 Turn LEFT onto 4th Ave
  - 4.4 Arrive at Exchange 4



ELEVATION: 410FT/-137FT

**NET: 273FT** 











