

NAMED AFTER: BRUCE H.



# VAN 1

# 6.04 MI | MODERATE

**LEG DESCRIPTION:** Basically flat terrain along Front Ave / St. Helen Rd / HWY 30 on paved shoulder and sideruns.

**EXCH 14 ADDRESS:** 11500 NW St. Helens and Marina Way Portland, OR 97231 (m.p. 9.3, at Knife River Corp.)

**GPS:** 45.61054, -122.795949

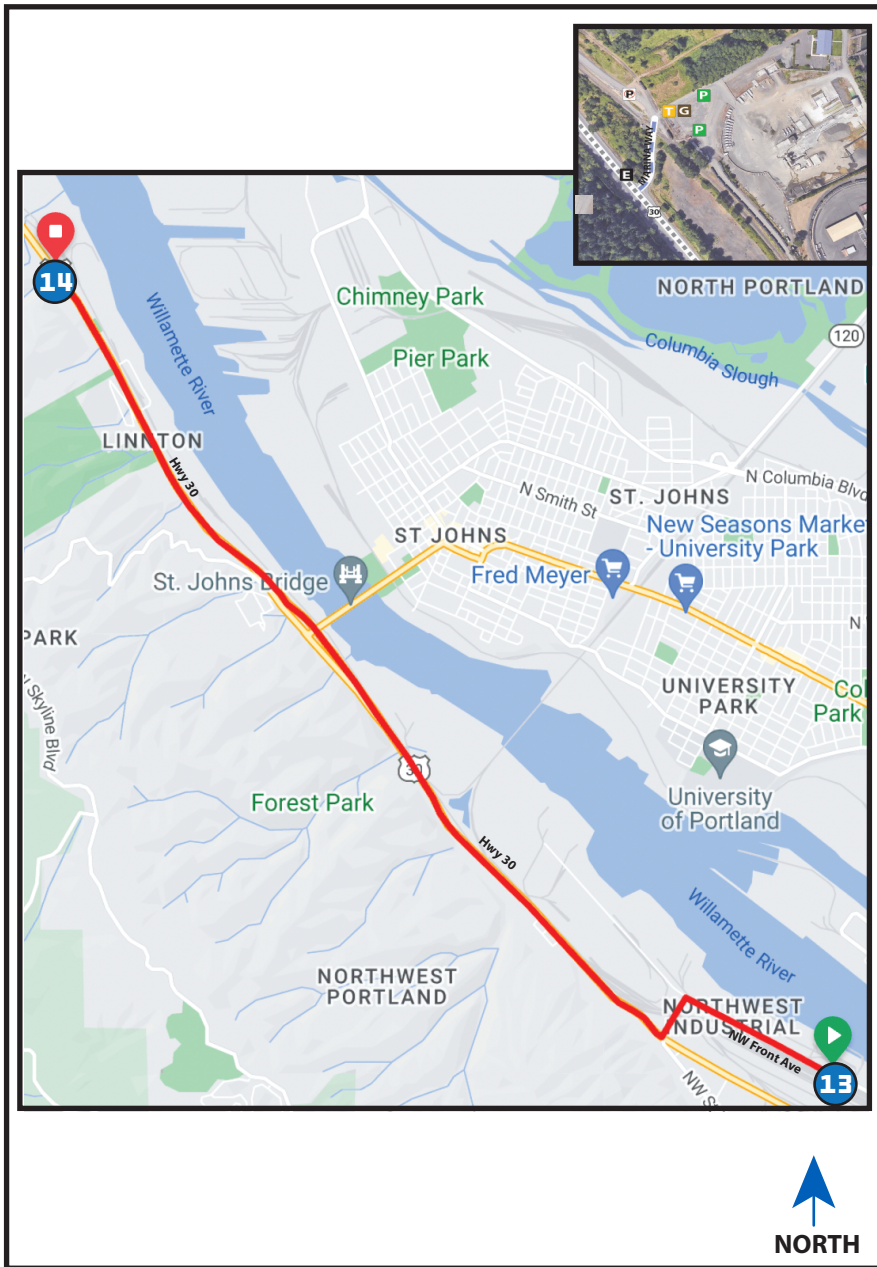
**NOTES:** VANS NOT ALLOWED TO STOP ON SHOULDER OF HWY 30.

### DIRECTIONS FROM EXCH 13 TO EXCH 14

**Run/walk on right side of the road.**

- 0.00 Exchange 13 (Front Ave - Georgia Pacific)
- ← 0.68 Turn **LEFT** onto Kittridge
- 1.17 Turn **RIGHT** onto HWY 30
- ↑ 3.74 St Johns Bridge
- ↑ 4.14 Germantown Road
- ↑ 5.19 Lighthouse Bar and Restaurant
- 6.04 Exchange 14 (Marina Way/HWY 30)

Scan For Map



### EXCHANGE NOTES

**Parking:** To the right, off HWY 30 near Marina Way in large Knife River fenced lot.

**Only next racer allowed up hill to HWY 30 for safety reasons.**

HTC traffic on Marina way is restricted to the designated parking area. No HTC traffic allowed past parking area.

Provisions: No  
Fuel: Fuel in Linnton

**ELEVATION GAIN/LOSS:** 100/-71ft  
**NET:** 29ft

